| January 1989 | February 1989 | March 1989 | April 1989 | May 1989 | June 1989 |
|------------------------------|--------------------|-----------------------|----------------|---------------|-------------------------|
| S 1 | W 1 | W 1 | S 1 | M 1 18 | T 1 |
| M 2 New Year's Day 1 | T 2 | Т 2 | S 2 | T 2 | F 2 |
| T 3 Day after New Year's Day | F 3 | F 3 | M 3 14 | W 3 | S 3 |
| W 4 | S 4 | S 4 | T 4 | T 4 | S 4 |
| Т 5 | S 5 | S 5 | W 5 | F 5 | M 5 Queen's Birthday 23 |
| F 6 | M 6 Waitangi Day 6 | M 6 10 | Т 6 | S 6 | Т б |
| S 7 | T 7 | T 7 | F 7 | S 7 | W 7 |
| S 8 | W 8 | W 8 | S 8 | M 8 19 | Т 8 |
| M 9 2 | Т 9 | Т 9 | S 9 | Т 9 | F 9 |
| Т 10 | F 10 | F 10 | M 10 15 | W 10 | S 10 |
| W 11 | S 11 | S 11 | T 11 | T 11 | S 11 |
| Т 12 | S 12 | S 12 | W 12 | F 12 | M 12 24 |
| F 13 | M 13 7 | M 13 11 | Т 13 | S 13 | Т 13 |
| S 14 | T 14 | T 14 | F 14 | S 14 | W 14 |
| S 15 | W 15 | W 15 | S 15 | M 15 20 | Т 15 |
| M 16 3 | Т 16 | Т 16 | S 16 | Т 16 | F 16 |
| Т 17 | F 17 | F 17 | M 17 16 | W 17 | S 17 |
| W 18 | S 18 | S 18 | Т 18 | Т 18 | S 18 |
| Т 19 | S 19 | S 19 | W 19 | F 19 | M 19 25 |
| F 20 | M 20 8 | M 20 12 | Т 20 | S 20 | Т 20 |
| S 21 | T 21 | T 21 | F 21 | S 21 | W 21 |
| S 22 | W 22 | W 22 | S 22 | M 22 21 | Т 22 |
| M 23 4 | Т 23 | Т 23 | S 23 | Т 23 | F 23 |
| Т 24 | F 24 | F 24 Good Friday | M 24 17 | W 24 | S 24 |
| W 25 | S 25 | S 25 | T 25 ANZAC Day | Т 25 | S 25 |
| Т 26 | S 26 | S 26 | W 26 | F 26 | M 26 26 |
| F 27 | M 27 9 | M 27 Easter Monday 13 | Т 27 | S 27 | Т 27 |
| S 28 | Т 28 | T 28 | F 28 | S 28 | W 28 |
| S 29 | | W 29 | S 29 | M 29 22 | Т 29 |
| M 30 5 | Weeknumber.nz | Т 30 | S 30 | Т 30 | F 30 |
| T 31 | | F 31 | | W 31 | |

| July 1989 | August 1989 | September 1989 | October 1989 | November 1989 | December 1989 |
|---------------|-------------|----------------|--------------------|---------------|-----------------------|
| S 1 | T 1 | F 1 | S 1 | W 1 | F 1 |
| S 2 | W 2 | S 2 | M 2 40 | Т 2 | S 2 |
| M 3 27 | Т 3 | S 3 | T 3 | F 3 | S 3 |
| T 4 | F 4 | M 4 36 | W 4 | S 4 | M 4 49 |
| W 5 | S 5 | T 5 | T 5 | S 5 | T 5 |
| Т 6 | S 6 | W 6 | F 6 | M 6 45 | W 6 |
| F 7 | M 7 32 | T 7 | S 7 | T 7 | T 7 |
| S 8 | Т 8 | F 8 | S 8 | W 8 | F 8 |
| S 9 | W 9 | S 9 | M 9 41 | Т 9 | S 9 |
| M 10 28 | Т 10 | S 10 | Т 10 | F 10 | S 10 |
| T 11 | F 11 | M 11 37 | W 11 | S 11 | M 11 50 |
| W 12 | S 12 | Т 12 | Т 12 | S 12 | Т 12 |
| T 13 | S 13 | W 13 | F 13 | M 13 46 | W 13 |
| F 14 | M 14 33 | T 14 | S 14 | T 14 | T 14 |
| S 15 | Т 15 | F 15 | S 15 | W 15 | F 15 |
| S 16 | W 16 | S 16 | M 16 42 | Т 16 | S 16 |
| M 17 29 | Т 17 | S 17 | Т 17 | F 17 | S 17 |
| T 18 | F 18 | M 18 38 | W 18 | S 18 | M 18 51 |
| W 19 | S 19 | Т 19 | Т 19 | S 19 | Т 19 |
| Т 20 | S 20 | W 20 | F 20 | M 20 47 | W 20 |
| F 21 | M 21 34 | T 21 | S 21 | T 21 | T 21 |
| S 22 | Т 22 | F 22 | S 22 | W 22 | F 22 |
| S 23 | W 23 | S 23 | M 23 Labour Day 43 | Т 23 | S 23 |
| M 24 30 | Т 24 | S 24 | T 24 | F 24 | S 24 |
| T 25 | F 25 | M 25 39 | W 25 | S 25 | M 25 Christmas Day 52 |
| W 26 | S 26 | Т 26 | Т 26 | S 26 | T 26 Boxing Day |
| Т 27 | S 27 | W 27 | F 27 | M 27 48 | W 27 |
| F 28 | M 28 35 | Т 28 | S 28 | Т 28 | Т 28 |
| S 29 | Т 29 | F 29 | S 29 | W 29 | F 29 |
| S 30 | W 30 | S 30 | M 30 44 | Т 30 | S 30 |
| M 31 31 | T 31 | | T 31 | Weeknumber.nz | S 31 |